

	Pos	Runner n	Time	Name	
First Men	1	388	1:11:34	Rod	Harris
	2	173	1:11:57	Alan	Smith
	3	341	1:12:32	Chris	Southam
	4	146	1:16:15	John	Maddocks
	5	615	1:16:38	Kingsley	Cook
	6	72	1:16:40	Paul	Gregory
	7	461	1:17:40	Andrew	Cottier
	8	19	1:17:55	Ian	Paramore
First Women	10	647	1:18:29	Beth	Eburne
	34	278	1:23:14	Nicola	Rowland
	45	400	1:24:28	Helen	Burrell
	53	423	1:25:45	Sara	Wells
	57	60	1:26:10	Gemma	Steel
	72	531	1:28:39	Debbie	Napier
	91	689	1:30:09	Clarence	Settle
	105	42	1:31:31	Jackie	Davisworth
First Male V40	2	173	1:11:57	Alan	Smith
	3	341	1:12:32	Chris	Southam
	5	615	1:16:38	Kingsley	Cook
	8	19	1:17:55	Ian	Paramore
First Male V50	24	520	1:22:02	John	Cresswell
	41	732	1:23:50	Steve	Colbourne
	48	710	1:24:59	John	Pearce
	60	636	1:27:23	Peter	Mensley
First Female V35	45	400	1:24:28	Helen	Burrell
	53	423	1:25:45	Sara	Wells
	72	531	1:28:39	Debbie	Napier
	91	689	1:30:09	Clarence	Settle
First Female V45	105	42	1:31:31	Jackie	Davisworth
	190	8	1:37:07	Sarah	Grandy
	211	661	1:38:17	Anne	Furbank
	235	73	1:39:31	Dawn	Pearson
First Male Team	3	341	1:12:32	Chris	Southam
	11	181	1:18:40	Darren	Glover
	16	134	1:20:10	Tim	Legge
	21	259	1:21:19	Paul	Kerr
	51	points			
2nd Male Team	67	points	RedHill RRC		
3rd Male Team	85	points	Wreake Runners		
First Female Team	34	278	1:23:14	Nicola	Rowland
	154	135	1:34:35	Anne	Brindley
	292	246	1:42:30	Vicki	Lowe
	480	points			
2nd Female Team	595	points	Long Eaton RC		
3rd Female Team	664	points	Huncot Harriers		

Club/Team

Long Eaton RC
Redhill RRC
Stilton Striders
Wreake Runners
Huncote Harriers
Charnwood AC
Dewsbury RR
Barrow Runners

Hinckley RC
Stilton Striders
Redhill RRC
Owls AC
Hermitage Harriers
Owls AC
South London Harriers
Beaumont Leys RC

Redhill RRC
Stilton Striders
Huncote Harriers
Barrow Runners

Stilton Striders
Sphinx AC
Aldridge RC
Charnwood AC

Redhill RRC
Owls (Oadby & Wigston)
Oadby Owls
South London Harriers

Beaumont Leys RC
Barrow Runners
Riverside Runners
Ivanhoe RC

Stilton Striders
Stilton Striders
Stilton Striders
Stilton Striders

Stilton Striders
Stilton Striders
Stilton Striders